

## **Education**

Doctoral Physical Therapy Program (2009)  
Virginia Commonwealth University  
Medical College of Virginia

Bachelor of Science in Physical Therapy (1982)  
Cum Laude  
Howard University Washington, DC

## **Professional Licensure and Certifications**

Virginia State Board of Physical Therapy Direct Access (2009-present)  
Virginia State Board of Physical Therapy (1982-present)  
Maryland State Board of Physical Therapy (1983-1990)  
Washington, DC Board of Physical Therapy (1983-1990)  
Neurodevelopment Treatment of Adult Hemiplegia Certification (1986)

## **Committees**

Chapter Programs Committee of the National Capital Chapter, National MS Society  
September 1999-December 2005

## **Advanced Physical Therapy and Rehabilitation Center, LLC 1995-Present** *Founder / President and CEO*

- Owner of private practice that provides skilled rehabilitation services to neurologically impaired clients.
- Direct supervisor of full-time, part-time and PRN staff
- Responsible for evaluating, developing, and implementing individualized treatment programs for all clients
- Consults and collaborates with occupational therapists and speech language pathologists for holistic treatment approaches and best practice
- Collaborates with vendors regarding equipment and technology to enhance treatment
- Credentialed service provider for Medicare and multiple national healthcare companies
- Assists in quarterly quality assurance reviews of clinical documentation and business systems with trained healthcare expert for compliance with healthcare and licensing agencies policies
- Regulatory compliance-routinely monitors changes/revisions in policies and procedures to ensure regulatory compliance with state and federal healthcare agencies and state licensing boards
- Oversees and manages all business finances
- Writer for healthcare publication
- Provides educational seminars to physicians, healthcare providers and non-professionals regarding diagnosis and best treatment practices for neurological impaired adults at the state and national level
- Mentors undergraduate and graduate students interested in the physical therapy profession

**Neurology Center of Fairfax, Ltd**  
*Director of Rehabilitation Services*

**1985-1995**

- Managed daily operations and provided clinical supervision to 13 physical, occupational and speech therapists
- Responsible for interviewing, hiring, training, and completing performance reviews for all departmental personnel
- Responsible for quality assurance, resource management, staffing/scheduling, fiscal budgets, coordination of patient care, and staff development for outpatient neurological practice

**Therapy Associates of Northern Virginia, Ltd.**  
*Managing Director*

**1990-1994**

- Provided clinical supervision to 30 physical, occupational, and speech therapists in home health rehabilitation services
- Evaluated, developed, and implemented treatment plans for clients requiring physical therapy services
- Responsible for interviewing, hiring, and completing performance evaluations for staff
- Coordinated and managed patient care and service contracts

**National Orthopedic and Rehabilitation Hospital**  
*Staff Physical Therapist*

**1982-1985**

- Provided physical therapy to acute inpatient and outpatient populations
- Completed clinical rotations (joint replacements, neurosurgery, acute rehabilitation, arthritis),
- Assisted with screenings and patient referrals for admission to inpatient rehabilitation unit.
- Supervised physical therapy students and rehabilitation aides.

**Professional Affiliations**

- American Physical Therapy Association- Neurology, Private Practice, and Geriatric Sections -Member
- Neurology Sections Special Interest Groups, Balance and Falls, Brain Injury, Degenerative Disease, Spinal Cord Injury, Stroke
- Virginia Physical Therapy Association-Member
- Society for Disability Studies - Member

**Articles**

- "Health and Wellness-Exercise for Individuals Experiencing Weakness" The Motivator MSAA; Fall 2006

**Presentations and Workshops (Invited Speaker)**

- October 2003- "Rehabilitation of MS Patients- What Nurses Should Know"; Washington, DC
- March 2004- "Exercising with MS", Multiple Sclerosis Association of America; Fredericksburg, VA

- May 2004 – “Exercising with MS”, Multiple Sclerosis Association of America, National Health Fair; San Diego, CA
- May 2006- Fairfax Hospital Education Series: “Exercising with MS”, National Multiple Sclerosis Association; Fairfax, VA
- 1997-2007- “Exercising with MS”, Patient and Care-partner Support Group; Fairfax, VA (Annual Event)
- June 2008- “Exercising with MS”, Neurology Center of Fairfax, Multiple Sclerosis Support Group Meeting; Vienna, VA

### **Continuing Education**

04/2000	Observational Gait Analysis
05/2001	Motion Analysis
07/2001	Vestibular Rehabilitation
05/2002	Advanced Gait Analysis
11/2003	The Aging Brain/The Rejuvenated Brain
01/2004	Topics in Physical Therapy- Neurology
04/2004	CVA/Neurological Treatment Program for the Hand Using Functional Tone Management System
06/004	International Consortium of Multiple Sclerosis
05/2006	MS Nursing: The Spectrum of Caring
05/2007	International Consortium of Multiple Sclerosis
06/2008	Parkinson Disease Symposium
06/2008	Relearning Kinesia Treatment for Parkinson’s Disease and Related Movement Disorders
06/2008	Let’s Roll! The Art of performing Seating and Mobility Evaluations
06/2008	Gait Concepts and Gait Management